

What time do you get up?



I get up at ____ : ____.

How often do you drink ... in the morning?

Always いつも
Usually たいてい
Sometimes 時々
Never まったくない



How often do you eat 和食 for dinner?

Always いつも
Usually たいてい
Sometimes 時々
Never まったくない



What time do you go to bed?



I go to bed at ____ : ____.